

THE FAMILY HEALTH DIGEST

Newsletter

WINDSOR

Family | Health | Team



Patient & Family Advisory Focus Group

We invite you to join us for our annual focus group session this September! 

At the Windsor Family Health Team, we believe that the best care is built on the foundation of open communication and patient involvement. Our Patient Family Advisory Focus Group is a large part of how we ensure our clinic operations are informed by those who matter most - **you**, our patients.

If you are interested in making a difference in the clinic, please give us a call.

Together, we can create a safer, more responsive, and patient-centered environment.

Thank you for putting your trust in us as your family health team.

JOIN OUR EMAIL LIST



Stay up to date with our latest newsletter's and other important messaging about the clinic by leaving us with your email address! Call to update your file today **519-250-5656**.



TICK SAFETY!

Go to eticks.ca for more information on ticks!

TAKE Action!

Diabetes Self-Management Education

When you are able to "see" your own sugar patterns, you are better able to make easy decisions to impact your **diabetes management**.

We are offering a **Free** glucose sensor, **group education sessions**, and **one-on-one follow-up appointments**.

 **Light refreshments provided** 



CALL FOR MOST UP TO DATE SESSION TIMES



2475 MCDOUGALL SUITE 245, TRAINING ROOM

Call 519-250-5656 ext. 300 to register

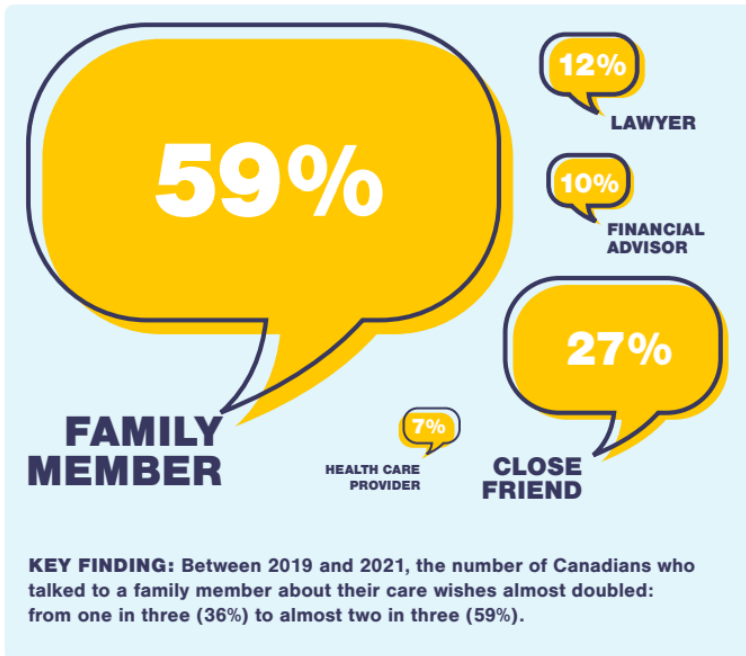
Advance Care Planning

CANADA

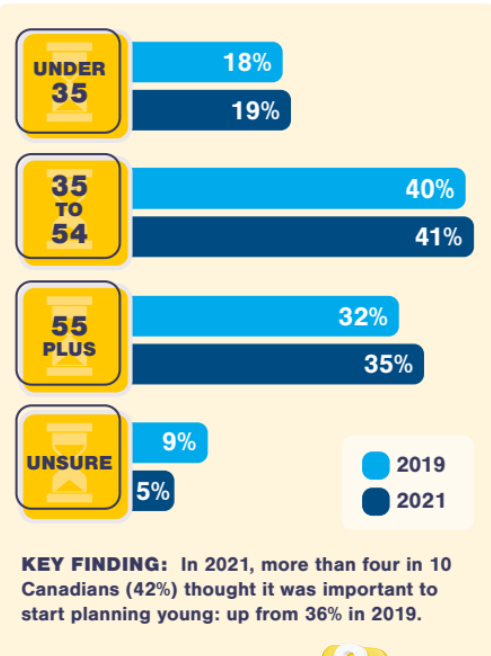
WHO WOULD SPEAK FOR YOU IF YOU COULDN'T SPEAK FOR YOURSELF?

Advance Care Planning is a process of reflection and communication. It is a time for you to reflect on your values and wishes, and to let people know what kind of health and personal care you would want in the future if you were unable to speak for yourself.

WHO ARE CANADIANS TALKING TO ABOUT THEIR WISHES?



WHAT'S THE BEST AGE TO START PLANNING?



Ask your primary care provider about Advance Care Planning or create your plan online using the link below.

<https://www.advancecareplanning.ca/my-plan/>

Results from February 2021 Nanos poll of 3,002 Canadians

Collecting Patient Demographic Information

The Ontario Human Rights Commission strongly encourages organizations to collect and utilize demographic information to monitor outcomes and promote equity.

As we continue to work towards health equity, you can expect to receive a phone call or email to collect your Socio-Demographic Data.